



Thank you
for choosing
Humana Dental

We're here
for you

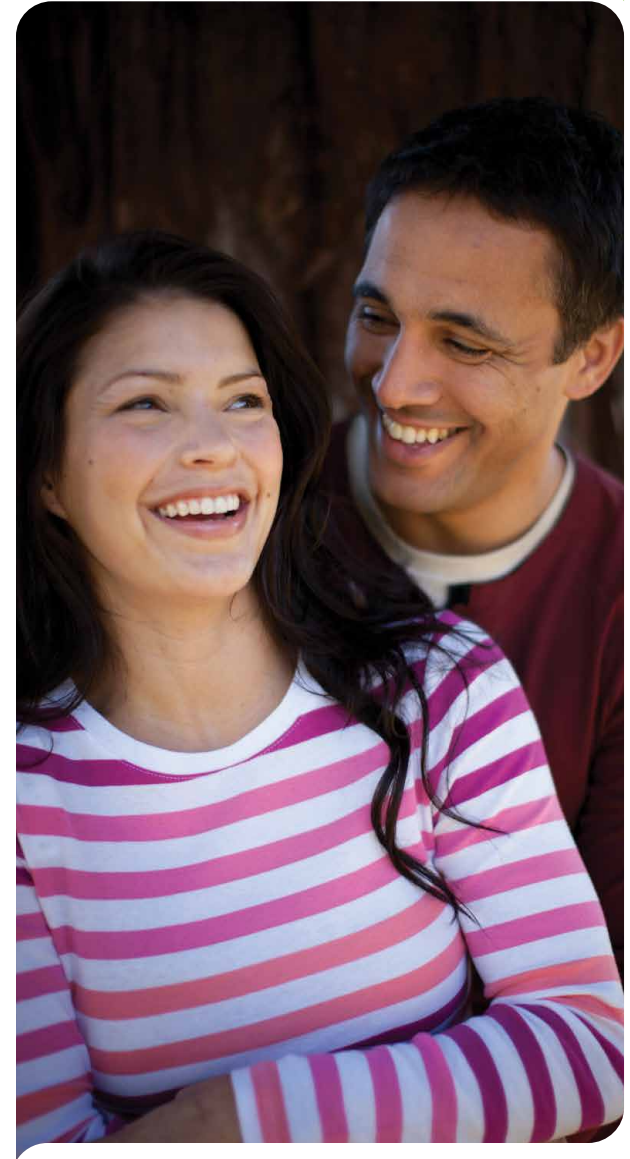
Humana.[®]

[Humana.com](https://www.humana.com)

1-800-233-4013

GN50822HD 0715

Welcome to your
Humana dental plan



Humana.[®]

Get started with Humana Dental

1. Register for your personal page at **Humana.com**

To register, simply go to **Humana.com** and click on “Sign in or register” and enter the requested information. You’ll need your member or subscriber ID to initially register. Also, you can download the MyHumana Mobile app from the app store on your smartphone to access plan information.

2. Access your digital ID Card and keep it with you

To access a PDF of your Humana dental ID card, sign in to MyHumana. Once signed in, you can access your digital card from the ID card center.

If you’re a smartphone user, you can view your ID card from the MyHumana Mobile application. Once on the app, your Humana dental ID card will appear on your phone under the “tooth” icon.

3. Find a dentist

For plans with in-network benefits, find dentists in your area using **Humana.com**. We update the list of participating dentists daily.



Manage your plan

You have 24-hour access to your plan information through your personal page. You can:

- Find dentists
- Check the status of claims*
- Verify plan benefits*
- View or print ID cards
- View your benefit details (or plan coverage)

For questions about your plan, call the number listed on your ID card.

* Not currently available for Advantage Plus and DHMO / Prepaid members except for those in Arizona and California.



At **Humana.com**, you’ll find our library of Healthy Living articles, that cover dental health and other well-being topics. When you sign up for electronic communications through MyHumana, you’ll receive a monthly Humana eNewsletter with healthy living articles just for you.

Oral health impacts your overall health

Dental care is an important part of maintaining overall health. In fact, good oral health can prevent diseases throughout the body.**

What’s your dental IQ?

The dental health assessment at **Humana.com** immediately provides feedback regarding your oral health. You will receive a personalized action plan with health tips. You can print a copy of the summary to discuss it with your dentist at your next visit.

** www.MayoClinic.com

